

## SMOOTHIES

[16oz & choice of milk]

- Sweet Chia Of Mine

\$8.95
- blueberry · strawberry · açai · chia seeds · Patterson Farms maple syrup
- Bustin’ Yo Nuts

\$8.95
- banana · raw almond butter · cacao · Swarbustin’ raw honey · hemp protein
- Gojiing Greek

\$8.95
- strawberry · banana · goji berries · Wholesome Dairy Farms greek yogurt · hemp seeds
- The Hulk

\$7.95
- kale · banana · matcha · moringa · dates
- Bear Necessities

\$7.95
- Wandering Bear cold brew · banana · maca · ceylon cinnamon · dates

- Tropical Buzz

\$8.95
- pineapple · mango · coconut oil · Swarbustin’ bee pollen · golden milk blend

**SUPERFOOD Add-ONS**  
açai · cacao · camu camu · chia seeds · coconut oil · golden milk blend · hemp seeds · maca · matcha · moringa · raw almond butter · Swarbustin’ bee pollen **\$ .75**  
bone broth keto protein vanilla · Four Sigmatic adaptogen blend · Four Sigmatic superhero mushroom blend · goji berries · hemp protein · sun is shining supergreens **\$1.50**

## SMOOTHIE BOWLS

[choice of milk]

- Berry First Date

\$10.00
- acai · blueberries · banana · dates
- Camu-flage

\$10.00
- pineapple · mango · camu camu · chia seeds
- Almond Butta Jelly Time

\$10.00
- strawberries · banana · raw almond butter · ceylon cinnamon

**CHOICE OF (3) TOPPINGS:**  
banana · cacao nibs · ceylon cinnamon · chia seeds · coconut flakes · goji berries · granola (gf) · heirloom pumpkin seeds · hemp seeds · jungle peanuts · Patterson Farms maple syrup · raw almond butter · Swarbustin’ bee pollen · Swarbustin’ raw honey

**SUPERFOOD Add-ONS**  
açai · camu camu · coconut oil · golden milk blend · maca · matcha · moringa **\$ .75**  
bone broth keto protein vanilla · Four Sigmatic adaptogen blend · Four Sigmatic superhero mushroom blend · hemp protein · sun is shining supergreens **\$1.50**

## YOGURT

[add 2oz shot Wandering Bear cold brew coffee **\$1.00**]

- Greek Yogurt Parfait

\$7.95
- Wholesome Dairy Farms · Douglassville, PA

**CHOICE OF 3 TOPPINGS:**  
acai · banana · cacao nibs · camu camu · ceylon cinnamon · chia seeds · coconut flakes · goji berries · granola (gf) · heirloom pumpkin seeds · hemp seeds · maca · matcha · moringa · Patterson Farms maple syrup · Swarbustin’ bee pollen · Swarbustin’ raw honey

## JUICES

[16oz]

- Unbeetable

\$8.95
- beet · cucumber · apple · kale
- Oh Kale No

\$8.95
- kale · apple · cucumber · pineapple
- Ginger Spice

\$8.95
- ginger · lemon · orange · cayenne
- How Bout Dem Apples

\$8.95
- apple · carrot · lemon · beet
- Orange Is The New Black

\$8.95
- orange · carrot · pineapple · ginger

**SUPERFOOD Add-ONS**  
camu camu · golden milk blend · matcha · moringa **\$ .75**  
multi-collagen protein **\$1.00**  
Four Sigmatic adaptogen blend · Four Sigmatic superhero mushroom blend · sun is shining supergreens **\$1.50**

## SUPERFOOD COFFEE

[made with 100% organic Arabica beans]

- Four Sigmatic Mushroom Coffee

\$3.00
- Achieve: cordyceps · chaga  
Focus: lion’s mane · chaga · rhodiola  
Delight: chaga · cacao

- Four Sigmatic Adaptogen Coffee

\$3.00
- Balance: tulsi · astragalus · cinnamon

**SUPERFOOD Add-ONS**  
bone broth keto protein vanilla · golden milk blend · hemp protein **\$ .75**  
coconut oil + ghee · multi-collagen protein **\$1.00**

## FUNCTIONAL ELIXIRS

[served hot or iced - made with Swarbustin’ raw honey (hot only) or Patterson Farms maple syrup & choice of milk]

- Four Sigmatic Coffee Elixir

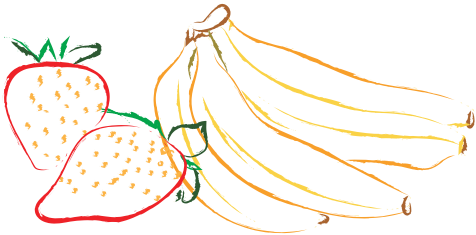
\$5.00
- choice of superfood coffee blend  
add golden milk blend **\$ .75**
- Four Sigmatic Mushroom Matcha Elixir

\$5.00
- 100% organic ceremonial grade matcha · lion’s mane · astragalus · ginger
- Golden Milk Elixir

\$4.50
- turmeric · ginger · maca · goji berry · boswellia · cardamom · black pepper
- ReMMMix Elixir

\$4.50
- maca · matcha · moringa

**SUPERFOOD Add-ONS**  
bone broth keto protein vanilla · hemp protein **\$ .75**  
coconut oil (hot only) · multi-collagen protein **\$1.00**



# SOOTHING TONICS

[add coconut oil **\$1.00** • add multi-collagen protein **\$1.00]**

**Salted Hot Cacao** ..... **\$4.50**  
100% organic Peruvian cacao • Swarmbustin' raw honey or  
Patterson Farms maple syrup • ceylon cinnamon •  
Himalayan sea salt • choice of milk

[add Four Sigmatic adaptogen blend or Four Sigmatic superhero  
mushroom blend **\$1.50]**

**Detox Hot Lemonade** ..... **\$4.00**  
lemon • Swarmbustin' raw honey • golden milk blend •  
cayenne

**Akron House Tea** ..... **\$2.50**  
[organic • hand crafted • small batch • Temple, PA]

Chai: seasonal flavor

Triple Berry: black tea blend • strawberry • cranberry •  
raspberry

Vanilla Grey: black tea • bergamot (citrus) oil • vanilla extract •  
cornflower

Blueberry Pineapple: sencha green tea • blueberry •  
pineapple • cornflower • calendula

Cinnamon Rooibos (caffeine free): red rooibos • cinnamon  
extract • cinnamon stick

**Lancaster Farmacy Tea** ..... **\$2.50**  
[organically grown • ethically wildcrafted • Lancaster, PA]

Tranquilitea: milky oats • lemon balm • holy basil • nettles •  
skullcap • chamomile • poppy

Nourishment: nettles • alfalfa • mint • oat straw • raspberry  
leaf

Cleanse: dandelion leaf • spicebush • nettles • alfalfa • lemon  
balm • echinacea

Lifting Lemon: lemon verbena • lemongrass • lemon balm

Cold Care: echinacea • peppermint • hyssop • raspberry leaf •  
elderberries • rosehips • yarrow

# LEMONADES & ICED TEAS

[add multi-collagen protein **\$1.00]**

**Good Life Spicy Lemonade** ..... **\$4.50**  
lemon • Patterson Farms maple syrup • Himalayan sea salt •  
cayenne

**Maple Cold Brew Lemonade** ..... **\$6.00**  
lemon • Patterson Farms maple syrup • Wandering Bear cold  
brew

**Vitality Lemonade** ..... **\$5.00**  
lemon • Patterson Farms maple syrup • choice of: acai, camu  
camu, golden milk blend, matcha, or moringa

**Blueberry Pomegranate Hibiscus Lemonade** . **\$5.00**  
lemon • Patterson Farms maple syrup • Akron House herbal  
tea

**Akron House Iced Tea** ..... **\$2.50**  
[organic • hand crafted • small batch • Temple, PA]

Toasted Coconut: black tea • toasted coconut • coconut  
extract

Mango Mint: sencha green tea • mango • peppermint

Blueberry Pomegranate (caffeine free): hibiscus • blueberry •  
pomegranate • cornflower

# FUNCTIONAL SHOTS

[2oz]

**Fire Cider** ..... **\$4.00**  
ginger • garlic • onion • jalapeno peppers • horseradish •  
apple cider vinegar

**Roots n Shoots** ..... **\$3.50**  
apple cider vinegar • stinging nettles • garlic mustard •  
dandelion root/leaf • burdock root • chickweed

**Daily Detox** ..... **\$3.00**  
apple cider vinegar • lemon • honey • activated charcoal •  
cayenne

**Green Energy** ..... **\$3.00**  
apple cider vinegar • matcha • honey

**Beauty Boost** ..... **\$3.00**  
apple cider vinegar • collagen • lime • cherry • honey •  
stevia

**4 x 2oz Flight** ..... **\$10.00**  
[in-house only]

# TAPS

[add multi-collagen protein **\$1.00]**

**Wandering Bear Iced Cold Brew** ..... **\$4.00**  
[100% organic Arabica beans • New York, NY]

**Wandering Bear Iced Cold Brew Elixir** ..... **\$4.50**  
cold brew coffee • Patterson Farms maple syrup • choice of  
milk

## SUPERFOOD Add-ONS:

bone broth keto protein vanilla • cacao • camu camu • golden milk  
blend • hemp protein • maca + ceylon cinnamon • matcha •  
moringa **\$.75**

Four Sigmatic adaptogen blend • Four Sigmatic superhero  
mushroom blend **\$1.50**

**Punch In The Face Nitro Cold Brew** ..... **\$5.00**  
[sustainably sourced • Backyard Beans • Lansdale, PA  
add Patterson Farms maple syrup **\$.75]**

**Baba's Brew Kombucha (4 Rotating Flavors)**  
[100% organic, fair trade tea • Phoenixville, PA]

12oz ..... **\$4.00**  
16oz ..... **\$5.00**  
32oz ..... **\$9.50**  
64oz ..... **\$18.00**

4 x 5oz Flight ..... **\$6.00**  
[in-house only]



We make it our priority to find the healthiest ingredients  
from the best sources. That means we emphasize locally  
grown, organic produce and support small farms  
whenever possible. All of our disposables are eco-friendly,  
and all of produce scraps are composted.

**Good Life Organics: Building Communities Organically**

# SUPERFOOD INGREDIENTS REFERENCE guide available!

Follow us on social media to keep up  
with happenings at Good Life Organics!



www.goodlifejuicebar.com / 610.924.2862

